

How to ask for our help

There are three main ways that people can ask for help or learn more about our work.

① Online:

Visit us: www.nottinghamrecoverynetwork.com

Email us at: info@nottinghamrecoverynetwork.com

Visitors to our website can either ask directly for support in confidence, and will also find links to a range of useful resources.

② Face-to-face:

Nottingham Recovery Network Assessments:

Monday, Tuesday, Thursday and Friday: 9.30am - 4.30pm

Wednesday: 9.30am - 5.30pm and Saturday: 9.30am - 12.00pm



We are now based at the Nottingham Wellbeing Hub, 73 Hounds Gate, Nottingham NG1 6BB.

③ On the phone:

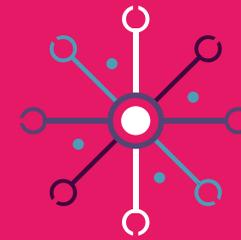
0800 066 5362 or 0115 970 9590

 Nottingham Recovery Network

 @NottsRecovery

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January 2019



Nottingham Recovery Network

The Nottingham Recovery Network is the **single point of advice, support and treatment** to anybody in Nottingham City who wishes to **change their relationship with alcohol or drugs.**



IN PARTNERSHIP WITH



Who we are

The Nottingham Recovery Network is a publicly funded service that has been established to support people who misuse drugs and alcohol.

We provide the single point for advice, support and learning for anyone in Nottingham City who wishes to change their relationship with alcohol or drugs.

Our service joins together two existing and successful support networks (Last Orders and Recovery in Nottingham) to make a single point of support for both alcohol and drugs.



How we work

We provide a single support hub for people wanting help or advice about alcohol and drugs. We're available on-line, in person, or over the phone.

People can walk in, refer themselves or be referred by other services.

Our expert staff will then:

- Complete a comprehensive assessment of their needs
- Support them through appropriate treatment
- Support them after any treatment(s) to maintain their recovery
- Offer them opportunities to learn and develop.

Our aim is to guide people through a network of support and treatment opportunities that are right for them.

Who is our service aimed at?

We are here to support any resident of Nottingham City who may be concerned about their own relationship with drugs and or alcohol. We are here to support those people who know that something has to change, but who aren't sure of how to make that change a reality.

We are also here to provide advice and guidance to friends, family members, GPs and other third parties who are concerned about the wellbeing of somebody else.

